

Packing List

- Pillow
- Consider bringing something to sleep on, such as a pilates mat, as participants will be sleeping on the floor
- You will receive a thin sleeping bag/blanket as a gift from WiC@RIT
- Medications (prescription and over the counter)
- Toiletries/personal items
- Pajamas and clothes for the next day
- Money (for snacks on campus)
- Phone charger
- Headphones
- Water bottle
- Comfortable walking shoes
- Jacket
- Umbrella/Poncho