

# Packing List

- Pillow
- Sleeping bag (participants will be sleeping on the floor)
- Toiletries, towel and flip flops (showers are available)
- Money (for snacks on campus)
- Phone charger
- Headphones
- Water bottle
- Comfortable walking shoes
- Jacket
- Medications (prescription and over the counter)
- Pajamas and clothes for the next day
- Umbrella/Poncho